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- 0:00 Introduction
- 1:25 Mrs. Galeste was born in Samar, Philippine Islands. She tells how she met her husband who was a medic with the First Filipino Infantry Regiment. With humor she describes her first impressions of the dark-skinned soldier, their courtship, and reasons why her parents objected to their marriage.
- 5:40 Mrs. Galeste married in November 1945; almost immediately her husband was sent back to California for his discharge.
- 6:15 She tells of the journey to America on the SS General Gordon as a GI bridge, her first impression of the Sacramento area, and nuptial celebrations in Sacramento at the Moose Hall on Broadway Street.
- 12:25 As a stranger to the land without close friends or female companionship, Mrs. Galeste was often lonely and found child rearing with her first child quite trying.
- 14:20 In a male-dominant society, Mrs. Galeste warmed her way to the hearts of the bachelor sojourners by learning to speak, Ilocano, until then she spoke only Visayan and English.
- 16:00 Mrs. Galeste raised seven children on the ranch with help from her husband and their Filipino male co-workers.
- 20:50 Mrs. Galeste talks about her first encounter with the Walnut Grove Market and her initial dislike for the storekeeper, a Japanese. Her dislike was a holdover from her experience in the Philippines, but, in time, this particular storekeeper became a friend of the family.
- 24:35 When her children began school in Elk Grove she took part in their school activities, she tells why she never felt any prejudice directed towards her.

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- O:15 The Galeste family moved to Sacramento in 1971 when the children began college. By 1975 Mrs. Galeste began to work as an instructional aide. She tells about the benefits she derives from her job.
- 3:10 Mrs. Galeste is a charter member of the Women's Auxillary, Magellan Post #604 of the American Legion. She also tells of her other affiliations and the activities of the various organizations.

- 8:30 She opins about the young political activists today, her views of conditions in her homeland is tempered because she believes she has been away too long to make judgments on the political situation.
- 19:40 Mrs. Galeste has nine grandchildren and she tells of her hopes for the future. She will stay in Sacramento because she feels this is where she belongs.
- 23:50 In the thirty-six years she has been in Sacramento County Mrs. Galeste has seen changes within the Filipino community. More particularly, women have taken the leadership role in many of the local organizations and the women bring positive aspects to their role. Mrs. Galeste recognizes the benefits of Title IX in helping women get ahead.